## The Science of Giving

of the worlds' cultures believe volunteering promotes well-being (Konrath, 2016)

Service-learning, when done well, is associated with engaged learning. (Billig, 2010).

Giving is Contagious!
People who are the recipients of generosity or see

someone else give are inspired to give as well (Konrath, 2016).

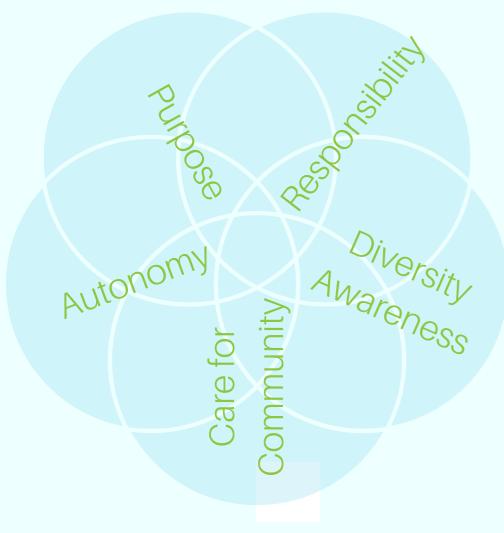
Youth are as likely to take voluntary action if someone they respect prods them.

of Americans donate financial resources, youth prefer to give time over money.

Giving activates the pleasure center in your brain (The Life You



Can Save, 2015).



## Developmental

## Assets

learned through service lead youth to be successful contributing adults (Search Institute, 2006).

Higher levels of volunteer work are associated with higher levels of overall life satisfaction (Anik, et al., 2009).

Volunteering builds community: 16.7 percent of volunteers say they gained a network of people they can count on.

Service-learning is a primary example of engaging students in "shared inquiry", meaningful decision-making, and integration of classwork and community life (Zeldin, 2004).

Giving literally builds physical strength (Suttie & Marsh, 2010). 60%

of adults feel giving makes an impact; youth feel proud to give.

Giving of your Time, Talent, or Treasure is good for ALL!